

Great Day Affirmations

These affirmations are very general, positive statements designed to soothe and inspire you to a better state of mind. Simply read or listen to the audio and repeat each affirmation after me.

Today is going to be a great day.
I am ready for wonderful experiences today.
Goodness flows to me easily all day today.
Great opportunities find me wherever I go.
I enjoy a sense of ease in everything I do.
Today I lead a charmed life in every way.
Good fortune smiles on me all day long.
Wonderful people are drawn to me today.
I feel great today!
I love life and life loves me back.
Good things are happening for me today.
I am fully open to receive joy and abundance.
Good thoughts come easily to me today.
I enjoy great concentration and focus.
My body feels vibrant and strong.
I am successful at everything I do.
My desires manifest easily today.
I am filled with confidence and inner strength.
I am guided and supported by a loving universe.
My inner guidance helps me make wise decisions.
Laughter and playfulness make my life fun.
All is well in my world today.
I am moving steadily toward my heart's desires.
I choose to enjoy every step of my journey.
I allow today to be a GREAT day in every way!